

## EQUIPEMENT LIST





### Skiing and Riding Equipment

VSHG provides:









- Avalanche Transceiver
- Rescue Shovel and Probe
- Avalanche Airbag Pack
- Radio
- Mountaineering Harness

VSHG Demo Equipment:

- K2, DPS, Folsom, Moment and 4FRNT skis with poles
- Jones and Winterstick snowboards






-  Bring the right gear, and bring the right backup gear. Valdez is remote and purchasing gear is not an option.
-  You must bring your own ski boots or snowboard boots. There are none available in Valdez. Downhill boots are the best option, touring boots are not recommended.
-  Top quality, well fitted, comfortable ski boots or snowboard boots are critical ! Get your boots professionally fitted. Poorly fit boots can ruin your Chugach experience. Make sure that if you purchase new boots you get many days of skiing or riding in them.
-  Bring two sets of goggles. One with a dark lens for bright conditions, and one with a low light lens for shady conditions. A second set provides an important backup in the case that you loose or damage your goggles.

### Clothing and Layers

-  Reusable water bottle. If you forget, we sell them.
-  The ideal layering system combines several light-weight, synthetic or wool, moisture wicking, base layers, with one puffy insulating jacket, and one waterproof breathable shell jacket, such as Gore-Tex.
-  One silk weight and one medium weight base layer provides two options for warm and cold days. These layers can be combined on a very cold day. On top of this should be a waterproof breathable shell, such as Gore-Tex.
-  Two sets of gloves is ideal, allowing you to change into a dry set at any time. Bring a warm set of ski gloves for cold conditions and a lighter pair for spring conditions.
-  Light or silk weight hats and balaclavas fit well under a helmet and provide some extra warmth. Helmets are preferred for all guests. Guides are required to wear helmets. We recommend - following your guides lead, they are the safety experts. A warm ski hat is a nice option.
-  Sunscreen and lip balm essential for sunny days with extreme reflection from the snow surface. Lysine lip balm with a high SPF is an excellent choice. Zinc is extreme protection for complete sunblock.
-  Sunglasses are essential. Choose quality lenses with ultraviolet protection.
-  A couple pairs of high-quality ski socks are ideal. Lenz makes a nice electric-heated sock.

### Packing for the Lodge

You are here to ski and ride! Pack only the necessities, leave the rest behind. Laundry service is provided. We recommend:

-  Street shoes or light boots, suitable for walking in snow, mud, and on ice
-  Slippers
-  Swimsuit
-  Gym clothes
-  Laptop and charger